



2021-2023 Collaborative for Recovery Focused Change: Program Overview

About the Via Hope Recovery Institute

The Via Hope Recovery Institute aims to promote behavioral health system transformation by helping organizations develop practices that support and expect recovery, and by promoting the voices of people with lived experience, including youth and family members. Recovery Institute initiatives are designed to support the implementation of new practices, shift organizational culture, promote innovation, and increase collaboration within and among teams.

In this document, you will find information about Via Hope's 2021-2023 Collaborative for Recovery Focused Change, including purpose, program description, expectations for participants and requirements.

2021-2023 Collaborative for Recovery Focused Change

The Collaborative for Recovery Focused Change will bring together behavioral health provider agencies in Texas so that they may rise to the challenge of supporting the whole person, from service to systems levels. This multi-year program will provide training and technical support within a collaborative community, preparing organizations to put person-centered, recovery-focused, trauma-responsive, and cultural humility principles into action.

Organizational teams and cross-agency teams will identify specific projects to be supported by the program. Participating teams will indicate their goals for change during the application process and finalize specific project plans early in the program. This is a competitive application process.

Participating teams can expect the following support:

- Facilitated activities geared toward organizational (and community) self-assessment and planning that reflect their priorities and goals for change
- Training and technical assistance, including regular access to subject matter experts
- Access to a community of professionals from across the state, navigating similar challenges
- A curated set of learning sessions that explore recovery-oriented principles, opportunities to implement new practices, and support for new programmatic approaches
- At least one in-person visit by consultants to provide on-site support
- Tools and resources only available to program participants
- Continuing education credits to a variety of clinical and peer professionals



The 2021-2023 Collaborative for Recovery Focused Change, similar to all Recovery Institute programs, is designed to spread understanding of topics foundational to recovery and provide highly individualized consultative support for a range of projects. While participating teams will likely be working toward change in a variety of complementary areas (i.e. be engaged in multiple projects), each team is asked to commit to at least one primary project to be supported by the program.

Examples of previous projects the Recovery Institute has supported:

- Revising staff performance standards to reflect person-centered practices
- Helping LMHAs to deepen partnerships with local Consumer Operated Service Providers (COSPs)
- Establishing new staff wellness policies & practices throughout the agency
- Implementing site-based training for all staff on the role of peer services
- Establishing a consumer council to inform quality improvement initiatives throughout the agency
- Developing and improving upon agency-based hiring practices, supervision approaches, and career ladder development for peer support staff
- Creating recovery-oriented, integrated physical and behavioral health peer support staff roles
- Expanding peer professionals’ role by implementing Wellness Recovery Action Plan® (WRAP®)

Other projects may include, but are not limited to:

- Implementing or improving upon an existing committee on diversity, equity, and inclusion
- Adopting new policies/procedures to align with Certified Community Behavioral Health Center (CCBHC) criteria
- Pilot project offering youth peer services, alongside family peer support services
- Forming a regional coalition to better serve LGBTQ individuals in recovery
- Establishing a regional consultation group for supervisors to adopt person-centered supervision
- Creating a pilot program to place peer professionals in new settings, while they receive supervision from outside the agency of employment

Timeline of Application & Program Activities

October 6 - November 3, 2021	Applications accepted
November 12, 2021	Applicants notified of acceptance
December 15, 2021	Orientation Webinar
January, 2022	Opening Cohort Gathering for all teams (virtual, two-day event)
January 2022 - June, 2023	Program activities: bi-monthly learning sessions (virtual), bi-monthly team calls, cohort gatherings, site-visit, consultation groups (optional), and individual consultation upon request



What People Say about Recovery Institute Support

ANYTHING offered by Via Hope is high quality and extremely helpful. This was a phenomenal experience that bolstered my skills in providing supervision to my Peers.

2019-2020 Peer Services Implementation Program Participant

Whether we are looking at housing, education, healthcare, or employment, having an awareness and understanding of empowerment and recovery is critical to progress. Their staff bring a unique combination of systems knowledge, clinical insight, and lived experience to deliver training and supports that truly make a difference for the people of our communities.

Community-Based Housing Program Director, 2020

I would truly take the program again if it was offered during a different time. It allowed me to build relationships with my peer supervisors, receive different strategies for similar situations, and work with the support of the Via Hope team who were always compassionate and knowledgeable of our needs.

2019-2020 Peer Services Implementation Program Participant

Amy sharing what her life was like before and after hope was born...she really brought to life how differently people's perspectives of the same situation can be. The entire first day was like a bright light shining on the potential of every human being.

Demystifying the Peer Workforce Workshop Participant, 2018

Application Requirements

The following outlines the general requirements to qualify and an overview of the required program activities.

General Application Requirements

- All participating organizations must be based in Texas.
- Each team must represent at least one behavioral health service provider agency that receives public funds.
- Applicants must be in the form of teams, composed of 4-6 individuals (representing one or more agencies).
- An organization may submit multiple applications, if team members and projects are distinct.
- Applicants must complete the application in its entirety no later than **Wednesday, November 3, 2021 at 5:00 pm CST**.



Participant Responsibilities

Participating teams are expected to...

- Complete all of the required activities in timeline (see above);
- Commit to independent activities, including the development of a written project plan with outcome measures;
- Collaborate and communicate with other staff, such as human resources, quality management, and training staff, regarding participation in program activities and actions to support the intended project; and
- Complete program & project evaluation activities.

How to Apply

Applicants are expected to complete one of two online applications, depending on the type of team/project. Previews of each may be found on the webpage or by following the links below. Please review the appropriate Application Preview document for details on the application process.

Application Resources

[Click here to preview the application for **organizational teams**](#) (groups of people working at the same agency). [Click here to apply](#).

[Click here to preview the application for **cross-agency teams**](#) (groups of people representing two or more agencies). [Click here to apply](#).

You can expect the following types of information on the application:

- Information about the team of core people involved
- Demographic information about the agency or agencies (e.g. types of services offered, number of staff)
- Past work focused on the implementation of recovery-oriented practices, policies, and culture
- Current needs and priorities that relate to the mission of the program (i.e. project)
- Commitment to participate in core programmatic activities
- Experiential activity for teams to assist in developing their application



Application Review

Applicants will be notified of acceptance on **Friday, November 12th by 5:00 pm CST**. Selection of program participants will be based on such factors as:

- Demonstrated commitment to and engagement in recovery and resiliency-oriented practices.
- Willingness to act as a change agent within their organization/community, removing barriers to accomplish the intended change.
- Readiness to take action to adopt new practices during the program.
- Willingness to honestly reflect on one's own learning and development and to support other participants' learning needs.

Registration Fees

The 2021-2023 Collaborative for Recovery Focused Change will be offered at no cost to participating organizations. However, participating organizations will invest significant staff time and energy into the program. The cost of this program is covered by a grant from the Medical and Social Services Division of Texas Health and Human Services Commission.

There may be one in-person gathering held about halfway through the program period (final decision based on preferences by participants). Lodging, breakfast, and lunch are typically provided for these events. However, no travel stipends are included for participants and other travel costs must be covered by participating organizations.

Questions?

For questions about the program or application process, contact Miranda DuPont (Recovery Institute Program Coordinator) at recoveryinstitute@viahope.org.

For general inquiries regarding the Recovery Institute, please contact Amanda Bowman (Recovery Institute Manager) at amanda.bowman@viahope.org.

To learn more about Via Hope: viahope.org