

### Introduction

The Via Hope Recovery Institute aims to promote mental health system transformation by helping organizations develop practices that support and expect recovery, and by promoting the voices of people with lived experience, youth, and family members in the Texas behavioral health system. Recovery Institute initiatives are designed to support the implementation of new practices, shift organizational culture, promote innovation, and increase collaboration within and among teams.

This application is for supervisors who would like to take part in the 2019-2020 Peer Services Implementation (PSI) Learning Community, which will take place from December 2019 to August 2020.

Click <u>here</u> to access the following documents:

- 1. Program Overview
- 2. Application Preview [PDF]

You may enter and edit your responses to the application until 11:00 p.m. CST on November 8th, 2019. We highly recommend that applicants review the Application Preview closely and prepare responses before submitting online. Responses are saved as users advance to each subsequent page of the application. In order to return to review or edit your application, you must use the same computer and the same browser and have cookies enabled to see your previously saved responses. For instructions on enabling cookies, please click on the following link: http://www.timeanddate.com/custom/cookiesie.html

<u>PLEASE NOTE:</u> Once you select "DONE" at the end of the survey you will be unable to access or edit your responses.

For questions/information regarding the 2019-2020 Peer Services Implementation Learning Community, or if you have any difficulties completing this application, please contact Alejandra Adán, PSI Program Coordinator at <a href="mailto:alejandra.adan@viahope.org">alejandra.adan@viahope.org</a>.

To learn more about Via Hope: www.viahope.org.



Application: 2019-2020 Peer Services Implementation Learning Community

## **Application Overview**

The application process includes the following components:

- Organizational Information
- 2019 PSI Learning Community Requirements
- Application Questions

If you are interested in submitting an application, please complete the following:

* 1. PRIMARY CONTA	CT INFORMATION
First Name:	
Last Name:	
Organization:	
Title:	
Email:	
Phone:	



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# **Information About Your Organization**

Please respond briefly to each of the following items about your organization.

geo	Please share a general description of your organiz ographic area you serve, number of employees, ty vices), number of persons served each year, and	pes o	of services you provide (including peer support
* 3. F app	Have you personally participated in any Via Hope I oly.	Reco	very Institute initiatives? Please check all that
	2010 Peer Specialist Learning Community		2014-2015 Recovery Institute Leadership Academy
	2011 Recovery-Focused Learning Community		2014-2015 Peer Specialist Integration Project
	2012 Recovery Institute Leadership Academy		2012-2014 Person Centered Recovery Planning Pilot
	2012 Recovery Oriented Change Initiative		2017 Recovery Institute Leadership Academy
	2012 Transition Age Youth Initiative Phase I (conference)		2017 Transition Age Youth Initiative
	2012-2013 Transition Age Youth Initiative Phase II (Learnin Series)	g	2018 Person Centered Recovery Planning Program for Trainers
	2013 Recovery Institute Leadership Academy		2018 Peer Services Implementation Learning Community None
	2013 Recovery Oriented Change Initiative on Peer Specialis Integration	st	
	2014-2015 Transition Age Youth Initiative Phase III (Learnin Community)	g	



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# 2019-2020 PSI Learning Community Requirements

#### **Requirements to Apply for the PSI Program**

- Review all of the program activities in order to determine whether 1) this program is a fit for your needs and 2) you can fully commit to the program requirements.
- Currently, or within six months of the application, supervise at least one peer provider.
- Have previously completed Via Hope's Demystifying the Peer Workforce or a Peer Specialist Supervisor Training, or will do so within a few months of beginning the program. (Note: Any participants who cannot complete this training prior to the Opening Gathering in January, are required to complete the free, 2.5 hour online course: Recovery-Oriented Practices at <u>ViaHopeOnlineLearning.org</u>.)
- Submit online application, in its entirety, by the November 8th, 11:00 pm CST deadline.
- Applicants must be employed at a not-for-profit behavioral health service provider.

#### **Participant Responsibilities**

Participants will be asked to...

- Complete all of the required activities in timeline (see below);
- Commit to independent activities, including the development of supervision-specific goals;
- Collaborate and communicate with other staff involved in peer services implementation, such as human resources, quality management, and training staff; and
- Complete program evaluation activities.

$^{\circ}$ 4. By checking yes, I acknowledge I meet the qualifications and commit to the requirements listed above
and in the 2019-2020 PSI Learning Community Application Supplement.
Yes
Comments:

### **Required PSI Program Activities**

### **Timeline of Program Activities:**

October 16 - November 8, 2019 November 15 December 2019	Application Process  Sites notified of acceptance status  Orientation Webinar		
January 2020	In-person Opening Gathering for all participants		
February - July, 2020	<ul> <li>Remote small group consultation sessions each month;</li> <li>Educational webinars (offered monthly);</li> <li>Independent work by participants;</li> <li>Individual consultation with Via Hope staff upon request</li> </ul>		
August 2020	<ul> <li>In-person Closing Gathering for all participants;</li> <li>Program evaluation activities (e.g. surveys, interviews)</li> </ul>		

### **Program Evaluation Activities:**

As noted above, all participants will be asked to take part in evaluating the effectiveness of the program. Via Hope may employ a variety of evaluation elements, such as training feedback forms, program improvement discussions (i.e. focus groups, interviews), and preand-post-program surveys.

\* 5. All participants are required to attend a Peer Specialist Supervisor (PSS) training or Demystifying the Peer Workforce (DPW) workshop prior to the Opening Gathering in mid January. Have you completed... (check all that apply): Demystifying the Peer Workforce (DPW) Peer Specialist Supervisor (PSS) by Via Hope Peer Specialist Supervisor (PSS) by another training entity None previously but registered for Peer Specialist Supervisor (PSS) on Nov 11-12 in Houston None previously but plan to register for Peer Specialist Supervisor (PSS) on Jan 22-23 in Austin None previously but plan to register for the Demystifying the Peer Workforce (DPW) in Feb (date & location TBD based on demand and location of coworkers of PSI participants) Not able to attend any training before Opening Gathering in mid January but commit to completing the free, 2.5 hour online course: Recovery-Oriented Practices at ViaHopeOnlineLearning.org. \* 6. By selecting yes, I acknowledge I will participate in key training and technical assistance activities for the 2019-2020 PSI Learning Community, as listed above. Yes Comments:



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# **PSI Learning Community Questions**

#### **Organizational Items**

Please respond briefly to each of the following items about your organization's experiences promoting recovery, including implementing peer services.

· · · · · · · · · · · · · · · · · · ·	forts to implement and promote peer services thus far. What has your result of its efforts? What are you most proud of?
* 8. What challenges has the organiespecially difficult?	zation faced while shifting practices and priorities? What has proven
<del>-</del>	anticipated dynamics of change your organization is experiencing (e.g. rship, shifts in funding, staff turnover).
	rganization will be participating in over the next year that may impact our participation in this program? Please describe and explain how these ctives of this program.
may be complimentary to the obje	



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# **Your Supervisory Experience and Needs**

This section is designed to learn more about your history as a supervisor and your efforts to support the work of peer providers.

**Note:** Via Hope welcomes applicants who are new to the supervisory role or new to working with peer providers. Some of the following questions ask you to reflect on specific experiences. If you are limited in your experience as a supervisor or in working directly with peer professionals, feel free to share relevant experiences from other, informal leadership roles or any information you would like to be considered in the selection process.

12. Tell us about your and organization.	experience supe	rvising peer provid	ers, including ler	igth of time, type o	of peer support,
13. This Supervisor of supervision practice a peer workers.				-	
Source: BRSS TACS SAMHSA	(Bringing Reco	very Supports to	Scale, Technica	al Assistance Cer	nter Strategy),
Rating Scale: 1. Professional Learn 2. Personal Learning	•			happen.	
3. Sporadically Com 4. Consistently Com	petent—I occasio	onally do this fine.			
5. <b>Mastery</b> —I can role				1.60	5.04
1. I understand and can clarify organizational systems, structures and processes.	1 (Learning Need)	2 (Learning Need)	3 (Competent)	4 (Competent)	5 (Mastery)
I understand the values and practice of peer support.	$\bigcirc$		$\bigcirc$		
3. I understand the roles and responsibilities of peer support workers.					
4. I can maintain a balance between the administrative, educational, and supportive functions of supervision.					

\* 11. Tell us about your experience as a supervisor for staff in any role.

	1 (Learning Need)	2 (Learning Need)	3 (Competent)	4 (Competent)	5 (Mastery)
5. I can establish a relationship characterized by trust and mutuality.					
6. I can provide an environment that promotes refection on peer support practice and ethics.					
7. I can help a person set and plan for the achievement of professional goals.					
8. I can teach and model skills needed for effective peer practice.	$\bigcirc$		$\bigcirc$	$\bigcirc$	
9. I can deliver strengths-based supervision and can use affirmations.					
10. I can give feedback that assists the person in recognizing a professional development need.					
11. I can advocate for recovery-oriented services within the agency.					
Comments:					
14. Is there an examp formal leadership posi		-	address a barrie	r to peer support	(either in a
15. What would you lik What concrete ideas o			-	-	pervision?

* 16. What type of consultation and support do you hope to <b>get</b> from fellow supervisors? (e.g. specific knowledge, experience, personal qualities)
* 17. What type of consultation and support do you hope to <i>give</i> to fellow supervisors?
* 18. Complete at least 3 of the following sentences in the space provided:
1. A time when I felt successful supporting someone I supervised
2. A time when I really missed the mark supporting someone I supervised
<ol> <li>A time when I witnessed the valuable contributions of someone (other than myself) in their work as a peer provider</li> </ol>
4. Peer support is a necessary service because
5. Something someone else did for me to advance my learning and professional growth was
* 19. Checkbox Acknowledgement
I have reviewed the Program Overview and would like to be part of the 2019-2020 PSI Learning Community.

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